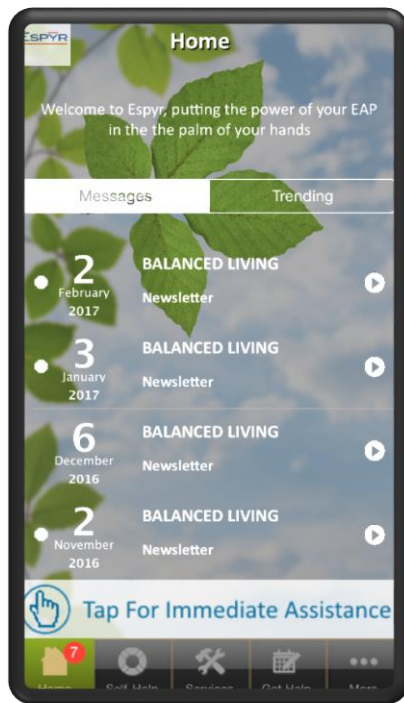


The full benefits of your Employee Assistance Program are now at your fingertips, no matter where you are, 24 hours per day, 7 days a week. This secure app provides you easy access to resources that can help you address challenges affecting your well-being and productivity. From requesting EAP services to finding information on responding to a variety of life's issues, to receiving informative newsletters, ESPȲR puts the power of the EAP in the palm of your hand.



ESPȲR provides:

- ✓ Immediate access to the EAP
- ✓ Tip sheets
- ✓ Self-Assessments
- ✓ Access to newsletters
- ✓ Special messages & Alerts
- ✓ Increased program awareness and convenience

This app is available for download through the Apple App Store and Google Play. Download the app to your device(s) and then login using the company password: **USGCares**

Here are some downloading tips:

1. Users will need an active internet connection to use the app, if the phone is unable to connect to the internet you will not be able to login.
2. Users will want to make sure that the phones auto-correct isn't changing the pass code.
3. If they are still unable to login they might have downloaded the generic app and not the customized Espyr app.



You can also access your EAP by calling **(888) 960-3305** or visiting our secure website at [www.espyr.com](http://www.espyr.com) Enter your company id/password: **USGCares**